

*Retirement Villages is
part of AXA IM Alts*

RETIREMENT
VILLAGES



Let's all do our part for the planet.

Steps to reduce your environmental
impact and save money.

The facts

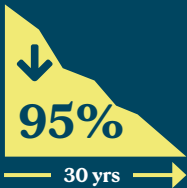
Energy & carbon



22% of the UK's carbon emissions come from our homes



On average, over half of fuel bills are spent on heating and hot water



To reach the Governments carbon emission targets, we need to reduce the carbon emission from heating our homes by 95% within 30 years

What you can do:

1

Switch to a green energy tariff such as Octopus Energy, Ecotricity or Good Energy

2

Get a heat loss survey to identify priority areas to insulate, apply draft excluders and install thick curtains/blinds

3

Install low carbon heating such as solar panels or an air source heat pump

4

Shop at the farmers markets and eat less meat, poultry, fish and dairy

5

Use electric vehicles and car share schemes

6

Reduce your energy use

Speak to your Village Team about getting a home heat loss survey

The facts

Waste & resource



On average each person in the UK produces 392kg of household waste



of household waste is recycled

What you can do:

1

Avoid buying single use plastic

2

Use refill shops

3

Compost food waste

4

Buy second hand and repair items

5

Upcycle furniture and donate things to a local charity

Speak to your Village Team about ways to recycle and reuse as much as possible

The facts

Water



The average person uses 140 litres of water a day



Using less water means there is more for wetland habitats which are home to otters, water voles, herons and fish



One cotton t-shirt requires around 2,700 litres of water to make. This is equivalent to 49 baths

What you can do:

1

Use a cistern displacement device in your toilet

2

Use water-efficient taps and showers

3

Fix any dripping taps

4

Install a water butt to capture rain water, then use this to water plants

5

Take shorter showers and fewer baths

Speak to your Village Team to find out how to get a cistern displacement device and low flow shower head

How much could you save?



How big is your environmental footprint?
Take the quiz:
<https://footprint.wwf.org.uk>



Want to see your water dashboard?
<https://discoverwater.co.uk/>

Small changes can make a big difference.

Sustainability is a journey not a destination.

If you have any questions on how to implement sustainable living or ideas on how RVG can be more sustainable, please speak to your Village Team or Sustainability Champion.

RVG has set objectives and targets against 3 holistic pillars to drive meaningful sustainable outcomes and systemic change across our business, residents, supply chain and in turn, wider society.

To find out more about the strategy, visit:

www.retirementvillages.co.uk/sustainability



Planet

We'll become a regenerative business



Circulatory

We'll design out waste from our communities



Social

We'll support the social and economic vitality of our local communities

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